

Program JWSC and U23 Cross-Country
Praz de Lys – Sommand (FRA)
29.01.-06.02.2009.

Tuesday	27/01/2009	Official Training	9:00 AM - 4:00 PM
Wednesday	28/01/2009	Official Training	9:00 AM - 4:00 PM
Thursday	29/01/2009	U23 Ladies 10km F	9:30 AM
		U23 Men 15km F	11:00 AM
Friday	30/01/2009	Official Training	9:00 AM - 4:00 PM
Saturday	31/01/2009	U23 Ladies Pursuit 7.5km C / 7.5km F	9:30 AM
		U23 Men Pursuit 15km C / 15km F	11:00 AM
Sunday	01/02/2009	U23 / Junior Ladies Sprint C Qualifications	9:30 AM
		U23 / Junior Men Sprint C Qualifications	
		U23 / Junior Ladies Sprint C Finals	12:00 PM
		U23 / Junior Men Sprint C Finals	
Monday	02/02/2009	Official Training	9:00 AM – 4:00 PM
Tuesday	03/02/2009	Junior Ladies Pursuit 5km C / 5km F	9:30 AM
		Junior Men Pursuit 10km C / 10km F	11:00 AM
Wednesday	04/02/2009	Official Training	9:00 AM - 4:00 PM
Thursday	05/02/2009	Junior Ladies 5km F	9:30 AM
		Junior Men 10km F	11:00 AM
Friday	06/02/2009	Junior Ladies Relay 4 x 3,3km	9:30 AM
		Junior Men Relay 4 x 5km	11:00 AM